

BUTTERFIELD LIFE

CALENDAR OF EVENTS

EVENTS • PROGRAMS • ACTIVITIES



Butterfield
TRAIL VILLAGE

APR 2018

APRIL VILLAGE EVENTS

Additional Details About Programs and Events
May be Found at the Information Center

Tuesday 3rd – Health and Wellbeing: Lifestyle and Longevity

Research shows that certain cultures enjoy longer lifespans and better health directly related to the choices they make. Join Dr. Helen McElree today as she explores these cultures and lifestyles that lead to increased longevity, health and wellbeing.

2pm **C** **(W)**

Saturday 7th – Piano Recital with Students of Linda Rogers

Please welcome piano students of Linda Rogers for their spring recital. Refreshments will be served in the Lobby following the performance.

2pm **PH**

Monday 9th – Senior Health Clinic: Maximizing Memory to Avoid Dementia

As part of Washington Regional Medical Center's Senior Health Clinic, Dr. Stephen Gemmell will discuss changes in the aging brain and the progression of dementia and Alzheimer's disease. Learn which dementia medications are FDA approved, and what you can do to help minimize your risk of cognitive decline.

Depart 10:30am **R** **(W)**

Tuesday 10th – Take Five Tuesday: Relax with Friends

After a successful kick-off last month, BTV continues this new casual event that encourages residents to stop what they're doing and relax. Join friends and neighbors in the BTV bistro for wine and snacks. House wine will be served, or BYOB. Seating is limited, so please sign up.

4-5:30pm **B** **R**

Tuesday 10th – Arkansas Brassworks in Concert

The University of Arkansas faculty brass quintet presents an evening of entertainment especially for Butterfield residents. Musicians Richard J. Rulli and Chase Teague on trumpet, Dr. Timothy Thompson on French horn, Dr. Cory Mixdorf on the trombone, and Dr. Benjamin Pierce on tuba will perform a program featuring *Balkanika*, *Four Scenes from the Balkans*, *Seven Popular Spanish Folksongs* by Manuel de Falla and more.

7pm **PH** **(W)**

Thursday 12th – Eureka Springs Through My Perspective with Eli Vega

Please welcome this highly published, award winning photographer for a pictorial presentation of Eureka Springs. Vega moved to Eureka from Colorado about two years ago. Being new to the Ozarks, he found the opportunity to take a fresh look at the area. Vega describes himself as a right brain photographer, an approach he took to create the images you will enjoy today. Copies of his book *Right Brain Photography: Be an Artist First* will be available for purchase.

2:30pm **PH** **(W)**

Thursday 12th – Village Tours: Costa Rica

Relive the rainforest adventures and discoveries of Butterfield residents who visited Costa Rica on the Village Tours excursion in February.

7pm **PH**

Friday 13 – Visit to George Washington Carver National Park

Our visit to the George Washington Carver National Monument in Diamond, Mo., will include a picnic on the beautiful park grounds, which features woodlands, streams and a tallgrass prairie restoration area. Learn firsthand about the life of the famed agricultural scientist, educator and humanitarian. Admission is free. Select your box lunch on the sign-up sheet. *"How far you go in life depends on your being tender with the young, compassionate with the aged, sympathetic with the striving, and tolerant of the weak and the strong. Because some day in life you will have been all of these."* – George Washington Carver.

9am **R** **\$** **(W)**

Friday 13th – Fulbright Friday: Wild Food and Medicine of the Ouachitas

Dr. Justin Murphy Nolan, chair of the UA Department of Anthropology, will explore the wild foods and medicines found in the Ozark-Ouachita Mountains of western Arkansas and southeastern Oklahoma.

3pm **C** **(W)**

Friday 13th – The Mystery and Merriment of Magic

Please welcome comedy magician Russell Turner back to the BTV stage for an evening of fun and entertainment. Turner just won Best of Show at a magicians conference in Dallas.

6:30pm **PH**

Saturday 14th – Metropolitan Opera Live: Luisa Miller at Razorback Cinema

Enjoy this live Met performance of Giuseppe Verdi's three-act opera in crystal-clear high definition at Fayetteville's Malco Razorback Cinema. With soprano Sonya Yoncheva singing the title role opposite tenor Piotr Beczafa as Rodolfo, and "King of the Opera" Plácido Domingo as Luisa's stern-yet-loving father.

10:45am **R** **\$** **(W)**

Saturday 14th – Likely Stories in Concert

With bracing musicianship and vocal harmonies, this group's passion for great songs by lesser-known writers and for its own songs makes for an eclectic

mix, from bluegrass to the blues to new folk. Likely Stories is former Still on the Hill multi-instrumentalist Phil Lancaster on banjo, guitar, mandocello and harmonica; acoustic bassist John Johnston; writer and musician Alison Moore on guitar; and singer and songwriter Susan Shore on mandolin and guitar.

7pm **PH** **(W)**

Tuesday 17th – Recital with Sequoyah Winds Quintet

Welcome the UA's graduate wind quintet for a delightful evening of classical music that includes Poulenc's *Sextet for Wind Quintet*, Piazzolla's popular tango, *Oblivion* and more.

6 pm **PH** **(W)**

Wednesday 18th – Wellness Lecture: Women's Bladder Health

Millions of adult women suffer from urinary problems. In this women's only seminar, Fitness and Wellness Director Jennifer Neill discusses how hydration impacts the bladder, how to prevent urinary infections, and how exercises can improve bladder control.

2pm **PH** **(W)**

Wednesday 25th – Bible Study Class Ending Early

Today's regular Bible Study class will take place from 10:30 a.m. to 10:45 a.m. so that those who are interested may attend the Senior Saints Choir concert in the BTV Performance Hall.

C

Wednesday 25th – Senior Saints Choir Concert

Each year we pleased to welcome the Senior Saints Choir from Central United Methodist Church. This talented choir will share a variety of sacred and secular songs under the direction of Dr. Frode Gundersen. Please make your plans to attend this special performance!

PH **(W)**

Friday 27th – Village Town Meeting and Volunteer Recognition

Following brief announcements, our focus this morning will be to recognize the Butterfield resident volunteers who by working together make enormous contributions to meet a variety of Village needs.

10am **PH**

Saturday 28th – Metropolitan Opera Live: Cendrillon at Razorback Cinema

Experience this imaginative Cinderella opera in high definition from the comfort of Razorback Cinema. Joyce DiDonato stars in the title role, paired with mezzo-soprano Alice Coote in the trouser role of Prince Charming, Kathleen Kim as the Fairy Godmother, and Stephanie Blythe as the imperious Madame de la Haltière.

Depart 11:15am **R** **\$** **(W)**

Monday 30th – Guy and Jonah Wilcox

Please welcome Guy Wilcox, pianist, and Jonah Wilcox, percussionist, for a rousing night of well-loved tunes that are sure to leave you with a spring in your step.

6:30pm **PH**

OLLI Classes hosted at BTV Required reservations and fees may be handled by calling (479) 575-4545

Wednesday 18th

OLLI Class: Fayetteville History


PH **\$**

Thursday 19th

OLLI Class: The Vietnam War & American Leadership

PH **\$**



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Easter Sunday 1 8 ^{am} Church Runs 8:15 ^{am} Music/8:30 ^{am} Worship C 11 ^{am} Rev. David Wiggs -Televised CH 4:30 ^{pm} Worship with Rev. Larry Branum, Pleasant Street Church of Christ CH 6 ^{pm} Bocce Ball LDG	8:30 ^{am} Resistance Training AC FWC 2 9 ^{am} Yoga/Pilates AC 9 ^{am} Coached Lap Swim AC 9:30 ^{am} H2O Aerobics AC 10:30 ^{am} Hiking with Jennifer R S (W) 10:30 ^{am} 2nd Floor South V 10:45 ^{am} Circuit Training with Spencer C 11:15 ^{am} Balance Class C 2 ^{pm} Dance Class C 2 ^{pm} BTV Chorus Rehearsal PH 4 ^{pm} 2nd Floor North V 4 ^{pm} Yoga FWC	9 ^{am} Walk Away the Pounds AC 3 9:45 ^{am} Tai Chi C 10 ^{am} 1st Floor South V 10:30 ^{am} Strength and Chair Aerobics C 10:45 ^{am} 1st Floor North G 1 ^{pm} Bible Study with Gloria Falknor CH 2 ^{pm} Health and Wellbeing with Dr. Helen McElree: Lifestyle and Longevity C (W) 5:30 ^{pm} Razorback Baseball vs. ULM R S (W) 7 ^{pm} Bingo C	8:30 ^{am} Resistance Training AC FWC 4 9 ^{am} Yoga/Pilates AC 9:30 ^{am} H2O Aerobics AC 10:30 ^{am} Bible Study C 11:15 ^{am} Balance Class AC 1 ^{pm} Clay Creations with Terry Merchant AS 2 ^{pm} Dance Class C 2 ^{pm} Razorback Baseball vs. ULM R S (W) 3 ^{pm} Ping-Pong AC 4 ^{pm} Yoga FWC 4 ^{pm} 3rd Floor North C 6 ^{pm} Newspaper P/U SW CT VH 7 ^{pm} Lecture Series with Moderator Conrad Waligorski C CH1961 (W)	9 ^{am} Walk Away the Pounds AC 5 9 ^{am} Coached Lap Swim AC 9:45 ^{am} Tai Chi C 10:30 ^{am} 3rd Floor South V 10:30 ^{am} Strength and Chair Aerobics C 1 ^{pm} Brain Teasers V R (W) 1:30 ^{pm} Painting for Pleasure AS 2:30 ^{pm} Movie Matinee: <i>La La Land</i> PH 7 ^{pm} Evening Movie: <i>La La Land</i> PH 7 ^{pm} Faith Study V	8:30 ^{am} Resistance Training FWC 6 9 ^{am} Yoga/Pilates FWC 9:30 ^{am} H2O Aerobics AC 10:30 ^{am} Village Homes LDG 10:45 ^{am} Circuit Training with Spencer C 11 ^{am} Cottages V 11:15 ^{am} Balance Class C 1 ^{pm} Bridge G R 1:30 ^{pm} Stained Glass Art w/ Sherry Young AS R 2 ^{pm} Low Vision Activity Group V 3 ^{pm} Ping-Pong AC 5:30 ^{pm} Razorback Baseball vs. Auburn R S (W) 6:45 ^{pm} VoicePlay WAC R S (W)	10 ^{am} Exercise for Arthritis CH1961 7 10:30 ^{am} Strength Training DVD CH1961 2 ^{pm} Piano Recital with Students of Linda Rogers PH 5 ^{pm} Razorback Baseball vs. Auburn R S (W)
8 ^{am} Church Runs 8 8:15 ^{am} Music/8:30 ^{am} Worship C CH1961 11 ^{am} Rev. David Wiggs -Televised CH 4:30 ^{pm} Worship with Rev. Greg Gibson, Central United Methodist CH 6 ^{pm} Bocce Ball LDG	8:30 ^{am} Resistance Training AC FWC 9 9 ^{am} Yoga/Pilates AC 9 ^{am} Coached Lap Swim AC 9:30 ^{am} H2O Aerobics AC 10:30 ^{am} Hiking with Jennifer R S (W) 10:30 ^{am} Residents Council V 10:30 ^{am} WRMC Senior Health Clinic: Maximizing Memory to Avoid Dementia with Dr. Stephen Gemmell R (W) 10:45 ^{am} Circuit Training with Spencer C 11:15 ^{am} Balance Class C 2 ^{pm} Dance Class C 2 ^{pm} BTV Chorus Rehearsal PH 4 ^{pm} Yoga FWC 6 ^{pm} Silver Sluggers: Naturals vs. San Antonio Drillers R S (W)	9 ^{am} Mah Jongg Class with Linda Smith G 10 9 ^{am} /4 ^{pm} Core Strength CH1961 9 ^{am} Walk Away the Pounds AC 9:45 ^{am} Tai Chi C 10:30 ^{am} Strength and Chair Aerobics C 1 ^{pm} Bible Study with Gloria Falknor CH 2 ^{pm} Grief Support Group V 4-5:30 ^{pm} Take Five Tuesday: Relax with Friends B R 7 ^{pm} Arkansas Brassworks Concert PH (W) 7 ^{pm} Bingo C	8:30 ^{am} Resistance Training AC FWC 11 9 ^{am} Yoga/Pilates AC 9:30 ^{am} H2O Aerobics AC 10:30 ^{am} Bible Study C 10:30 ^{am} Lunch Bunch to Neighbor's Mill Bakery & Cafe R S (W) 11:15 ^{am} Balance Class AC 1 ^{pm} Clay Creations with Terry Merchant AS 2 ^{pm} Dance Class C 3 ^{pm} Ping-Pong AC 4 ^{pm} Yoga FWC 6 ^{pm} Newspaper P/U NW 7 ^{pm} Lecture Series with Moderator Conrad Waligorski C CH1961 (W)	9 ^{am} Walk Away the Pounds AC 12 9 ^{am} Coached Lap Swim AC 9:45 ^{am} Tai Chi C 10:15 ^{am} BTV Book Club L 10:30 ^{am} Strength and Chair Aerobics C 1 ^{pm} Brain Teasers V 1:30 ^{pm} Painting for Pleasure AS 2:30 ^{pm} Eureka Springs Through My Perspective with Photographer Eli Vega PH (W) 5 ^{pm} Razorback Baseball vs. South Carolina R S (W) 7 ^{pm} Village Tours: Costa Rica PH	8:30 ^{am} Resistance Training FWC 13 9 ^{am} Yoga/Pilates FWC 9:30 ^{am} H2O Aerobics AC 10 ^{am} Picnic Lunch at George Washington Carver National Monument Park in Diamond, Mo. R S (W) 10 ^{am} -2 ^{pm} Homespun Hobbies V 10:45 ^{am} Circuit Training with Spencer C 11:15 ^{am} Balance Class C 1 ^{pm} Bridge G R 1:30 ^{pm} Stained Glass Art w/ Sherry Young AS R 2 ^{pm} Low Vision Activity Group V 3 ^{pm} Fulbright Friday: Wild Plant Foods and Medicine of the Ozark-Duachita Mountains with UA Anthropology Professor Justin Nolan C (W) 3 ^{pm} Ping-Pong AC 5-6:30 ^{pm} Dinner Music with Pianist Harold Chilton D C 5:30 ^{pm} Razorback Baseball vs. South Carolina R S (W) 6:30 ^{pm} The Mystery & Merriment of Magic with Russell Turner PH	10 ^{am} Exercise for Arthritis DVD CH1961 14 10:30 ^{am} Strength Training DVD CH1961 10:45 ^{am} Metropolitan Opera Live: <i>Luisa Miller</i> at Razorback Cinema R S (W) 1 ^{pm} Razorback Baseball vs. South Carolina R S (W) 7 ^{pm} Likely Stories in Concert PH (W)
National Volunteer Week 15 8 ^{am} Church Runs 8:15 ^{am} Music/8:30 ^{am} Worship C CH1961 11 ^{am} Rev. David Wiggs -Televised CH 4:30 ^{pm} Worship with Rev. Dr. Doug Falknor, First Baptist CH 6 ^{pm} Bocce Ball LDG	National Volunteer Week 16 8:30 ^{am} Resistance Training AC FWC 9 ^{am} Yoga/Pilates AC 9 ^{am} Coached Lap Swim AC 9:30 ^{am} H2O Aerobics AC 10:30 ^{am} Hiking with Jennifer R S (W) 10:45 ^{am} Circuit Training with Spencer C 11:15 ^{am} Balance Class C 2 ^{pm} Dance Class C 2 ^{pm} BTV Chorus Rehearsal PH 4 ^{pm} Yoga FWC 7 ^{pm} Resident Forum PH CH1961	National Volunteer Week 17 9 ^{am} Walk Away the Pounds AC 9:45 ^{am} Tai Chi C 10:30 ^{am} Strength and Chair Aerobics C 10:30 ^{am} Shred-It Services 10:30 ^{am} Caregiver Support Meeting V 1 ^{pm} Bible Study with Gloria Falknor CH 2:30 ^{pm} Communion, CUMC CH 4 ^{pm} Communion, First United Presbyterian CH 5:30 ^{pm} Razorback Baseball vs. Missouri State R S (W) 6 ^{pm} Recital with Sequoyah Winds Quartet PH (W) 7 ^{pm} Bingo C	National Volunteer Week 18 8:30 ^{am} Resistance Training AC FWC 9 ^{am} Yoga/Pilates AC 9:30 ^{am} OLLI Class: Fayetteville History PH S 9:30 ^{am} H2O Aerobics AC 10:30 ^{am} Bible Study C 11:15 ^{am} Balance Class AC 11:30 ^{am} '80s Ladies Luncheon G R 1 ^{pm} Clay Creations with Terry Merchant AS 2 ^{pm} Dance Class C 2 ^{pm} Wellness Lecture with Jennifer Neill: Women's Bladder Health PH (W) 3 ^{pm} Ping-Pong AC 4 ^{pm} Yoga FWC 4:30 ^{pm} Dine With Us at Monte Ne Inn R S (W) 6 ^{pm} Newspaper P/U SW CT VH 7 ^{pm} Lecture Series with Moderator Conrad Waligorski C CH1961 (W)	National Volunteer Week 19 8:15 ^{am} Ace in the Hole Men's Breakfast at IHOP R S (W) 9 ^{am} Walk Away the Pounds AC 9 ^{am} Coached Lap Swim AC 9:30 ^{am} OLLI Class: The Vietnam War & American Leadership PH S 9:45 ^{am} Tai Chi C 10 ^{am} Mass, St. Joseph's CH 10:30 ^{am} Strength and Chair Aerobics C 1 ^{pm} Brain Teasers V 1:30 ^{pm} Painting for Pleasure AS 7 ^{pm} Faith Study V	National Volunteer Week 20 8:30 ^{am} Resistance Training FWC 9 ^{am} Yoga/Pilates FWC 9:30 ^{am} H2O Aerobics AC 10:45 ^{am} Circuit Training with Spencer C 11 ^{am} WRMC Senior Health Clinic: Maximizing Memory R 11:15 ^{am} Balance Class C 1 ^{pm} Bridge G R 1:30 ^{pm} Stained Glass Art w/ Sherry Young AS R 2 ^{pm} Low Vision Activity Group V 3 ^{pm} Ping-Pong AC	10 ^{am} Exercise for Arthritis DVD CH1961 21 10:30 ^{am} Strength Training DVD CH1961
8 ^{am} Church Runs 22 8:15 ^{am} Music/8:30 ^{am} Worship C CH1961 11 ^{am} Rev. David Wiggs -Televised CH 4:30 ^{pm} Worship with Megan Downey, St. Paul's Episcopal CH 5 ^{pm} Bocce Ball LDG	8:30 ^{am} Resistance Training AC FWC 23 9 ^{am} Yoga/Pilates AC 9 ^{am} Coached Lap Swim AC 9:30 ^{am} H2O Aerobics AC 10:30 ^{am} Hiking with Jennifer R S (W) 10:45 ^{am} Circuit Training with Spencer C 11:15 ^{am} Balance Class C 2 ^{pm} Dance Class C 2 ^{pm} BTV Chorus Rehearsal PH 4 ^{pm} Yoga FWC	9 ^{am} Mah Jongg Class with Linda Smith G 24 9 ^{am} Walk Away the Pounds AC 9:45 ^{am} Tai Chi C 10:30 ^{am} Strength and Chair Aerobics C 1 ^{pm} Bible Study with Gloria Falknor CH 5:30 ^{pm} Razorback Baseball vs. Texas Tech R S (W) 6:15 ^{pm} <i>Beautiful: The Carole King Musical</i> WAC R S (W) 7 ^{pm} Bingo C	8:30 ^{am} Resistance Training AC FWC 25 9 ^{am} Yoga/Pilates AC 9:30 ^{am} H2O Aerobics AC 10:30-10:45 ^{am} Bible Study C 11 ^{am} Senior Saints Choir from Central United Methodist Church PH 11:15 ^{am} Balance Class AC 1 ^{pm} Clay Creations with Terry Merchant AS 2 ^{pm} Dance Class C 3 ^{pm} Ping-Pong AC 4 ^{pm} Yoga FWC 5 ^{pm} Razorback Baseball vs. Texas Tech R S (W) 6 ^{pm} Newspaper P/U NW 7 ^{pm} Lecture Series with Moderator Conrad Waligorski C CH1961 (W)	9 ^{am} Walk Away the Pounds AC 26 9 ^{am} Coached Lap Swim AC 9:45 ^{am} Tai Chi C 10:30 ^{am} Strength and Chair Aerobics C 1 ^{pm} Brain Teasers HCC 1:30 ^{pm} Painting for Pleasure AS	8:30 ^{am} Resistance Training FWC 27 9 ^{am} Yoga/Pilates FWC 9:30 ^{am} Coffee/Juice Bar LB 10 ^{am} Village Town Meeting and Volunteer Recognition PH 10 ^{am} -2 ^{pm} Homespun Hobbies V 1 ^{pm} Bridge G R 1:30 ^{pm} Stained Glass Art w/ Sherry Young AS R 2 ^{pm} Low Vision Activity Group V 3 ^{pm} Ping-Pong AC 5-6:30 ^{pm} Dinner Music with Pianist Harold Chilton D C 5 and 6:30 ^{pm} Dinner in the Lodge R S S (W) 5:30 ^{pm} Razorback Baseball vs. Alabama R S (W)	10 ^{am} Exercise for Arthritis DVD CH1961 28 10:30 ^{am} Strength Training DVD CH1961 11:15 ^{am} Metropolitan Opera Live: <i>Cendrillon</i> at Razorback Cinema R S (W) 1:15 ^{pm} TheatreSquared Presents: <i>The Hound of the Baskervilles</i> R S (W) 5 ^{pm} Razorback Baseball vs. Alabama R S (W) 6:15 ^{pm} Arkansas Philharmonic Orchestra <i>Symphonic Showpieces: Rossini, Berlioz and Tchaikovsky</i> AAC S (W) 6:45 ^{pm} Conrad Herwig WAC R S (W)
8 ^{am} Church Runs 29 8:15 ^{am} Music/8:30 ^{am} Worship C CH1961 11 ^{am} Rev. David Wiggs -Televised CH 1 ^{pm} Silver Sluggers: Naturals vs. Tulsa Drillers R S (W) 4:30 ^{pm} Worship with Rev. Jan Butin, First United Presbyterian Church CH 5 ^{pm} Bean Bag Toss LDG	8:30 ^{am} Resistance Training AC FWC 30 9 ^{am} Yoga/Pilates AC 9 ^{am} Coached Lap Swim AC 9:30 ^{am} H2O Aerobics AC 10:30 ^{am} Hiking with Jennifer R S (W) 10:45 ^{am} Circuit Training with Spencer C 11:15 ^{am} Balance Class C 2 ^{pm} Dance Class C 2 ^{pm} BTV Chorus Rehearsal PH 3:30 ^{pm} It's Your Lucky Day at Cherokee Casino R S (W) 4 ^{pm} Yoga FWC 6:30 ^{pm} Musical Performance with Guy and Jonah Wilcox PH (W) 6:45 ^{pm} NWA Jazz All Star Youth Ensemble WAC R S (W)			EVENT TYPE & LOCATION SYMBOLS Aquatic Center AC Convocation C Game G Performance Hall PH Art Studio AS Cottages CT Green Room GR South/North Courtyard SC NC Assisted Living AL Dining D Library L South/North Wing SW NW Bistro B Family Room F Lobby LB Villa Room V Chapel CH Fitness/Wellness Center FWC Lodge LDG Village Homes VH Cable Channel 1961 CH1961 Alma Performing Arts Center APAC Fee S Arend Arts Center AAC Resident Wait List Welcome (W) Arts Center of the Ozarks ACO Sign-up Reservation Required (R) Faulkner Performing Arts Center FPAC Shuttle Service to/from BTV Entrance SS Walton Arts Center WAC		TELEVISED FITNESS CLASSES Monday Through Friday 8:30 ^{am} Exercise for Arthritis CH1961 9 ^{am} /4 ^{pm} Core Strength CH1961

Check Lobby Bulletin Boards, or BTV Cable 1960, regarding corrections, cancellations, or additions to this calendar. Notifications will be posted as soon as possible.