



AUGUST VILLAGE EVENTS

**Additional Details About Programs and Events
May be Found at the Information Center**

Saturday 4th - Hawaiian Luau Celebration

Aloha! Lift your spirit with the harmony of the islands as the Village presents an authentic Hawaiian luau celebration! Traditional food, music and flora will complement this evening featuring special entertainment by professional hula troupe Hula Halau O Leilani. Under the direction of Leilani Sheldon, dancers adorned in colorful costumes will parlay the artistry and culture of Hawaii through Hula 'auana, or contemporary hula, and Hapa Haole, hula songs sung in English. Festive cocktails will be served at 4pm in the BTV Bistro; dinner will be served at 5pm in the Performance Hall. **B LB PH R (W)**

Monday 6th - The Guy Wilcox Trio

Enjoy an exceptional night of talent as the Guy Wilcox Trio takes the BTV stage in high fashion. You'll love the lineup as Guy, Carolyn and Jonah perform great numbers that will make you want to tap your toes and sing along. **7pm PH (W)**

**Tuesday 7th - Health and Wellbeing Seminar:
Aging Well**

Please welcome Dr. Helen McElree this afternoon for a continuing presentation on aging well and how diet, exercise and stress reduction can improve your overall health. **2pm C (W)**

**Thursday 9th - Classical Concert with Stephen
and Wendy Widder**

Join us for an afternoon of classical music as Stephen and Wendy Widder, along with accompanist Pat Jahoda, take the Performance Hall stage. Stephen Widder is a retired music educator and bassoonist, and his wife Wendy plays the flute. Jahoda, a Village resident and talented pianist, will accompany the Widders for a variety of classical numbers. **3pm PH (W)**

**Friday 10th - Fulbright Scholars: Exploring
Egyptian Culture**

Today's program will be presented by visiting Egyptian university professors who are part of the University of Arkansas Fulbright College scholars program. The program is the flagship international educational exchange program sponsored by the federal government and designed to increase mutual understanding between the U.S. and other countries. **2pm PH (W)**

**Friday 10th - The 120th Tontitown
Grape Festival**

The rich history of central Italy is alive and well at the 120th Annual Tontitown Grape Festival, one of Arkansas' longest running festivals. Enjoy the famous spaghetti and fried chicken dinners, and don't forget the refreshing homemade grape ice cream. We'll meet the Queen Concordia contestants, and stroll the carnival runway and the arts and crafts booths. Cost for dinner is \$12pp, payable in the BTV Program Office. **Depart 3:30pm R \$ (W)**

Tuesday 14th - Take Five Tuesday

The BTV Bistro is the place to be on the second Tuesday of the month for Take Five Tuesday, an event that encourages us to stop what we're doing and relax and socialize with friends and neighbors. Take Five has been a hit since its inception in March. This month features live music by William Reyes, light refreshments and complimentary house wines. **4-5:30pm B R (W)**

**Wednesday 15th - Wellness Lecture: Telomeres
and Longevity**

Please join Fitness and Wellness Director Jennifer Neill for an informative session on telomeres - the sections of our chromosomes that control aging. We inherit telomeres from our parents; but no matter the length of our telomeres at birth, everyone's get shorter as they age. Telomere shortening is the main cause of age-related breaking down of our cells. Learn how a variety of lifestyle changes, such as reducing stress, eating certain foods and practicing meditation, can help lengthen your telomeres. **2pm PH (W)**

Thursday 16th - The Claudia Burson Trio in Concert

The Claudia Burson Trio, featuring Drew Packard on bass, Steve Wilkes on drums, and, of course, Burson on the piano, is a straight-ahead jazz group that performs a wide range of standards and original music. Together for more than 15 years, the trio will bring an evening of exceptional jazz to the BTV stage. **7pm PH (W)**

Friday 17th - AARP Driving Course

Residents and guests are invited to attend this one-day AARP driving course given by BTV residents Jim and Ann Newman. Learn useful information and tips for safe driving, along with specific factors that aging drivers should keep in mind while behind the wheel. In most cases, course completion qualifies for a discount on your auto insurance. (Please consult your insurance agent for details.) Cost for the class is \$15pp for AARP members and \$20pp for non-members, payable at the door. **8:30am-2pm V R \$ (W)**

**Friday 17th - Crystal Bridges Museum:
Georgia O'Keeffe**

Join us today for a visit to the world-class Crystal Bridges Museum of American Art and the latest major exhibition *The Beyond: Georgia O'Keeffe and Contemporary Art*. The exhibition is free for museum members, and \$10pp for non-members, payable in the BTV Program Office. **Depart 12:30pm R \$ (W)**

Saturday 18th - Beethoven Violin Sonata Concert

Please welcome Miho Sakon, principal second violinist with the Symphony of Northwest Arkansas (SoNA), and Tomoko Kashiwagi, assistant professor of piano at the University of Arkansas Department of Music, as they play Beethoven Sonatas No. 7 and No. 8. **3pm PH (W)**

**Saturday 18th - Historical Society's 47th Annual Ice
Cream Social**

The Washington County Historical Society will host its annual Ice Cream Social fundraiser at the Headquarters House Museum & Garden on Dickson Street in Fayetteville. Along with refreshments, enjoy entertainment by the Northwest Arkansas Heritage Brass Band, performing a program on Ozark balladry, Heritage School student dancers and children's activities. Tickets are available at the event at \$5 for adults/students ages 14 and up, \$2.50 for children ages 6-12, and \$15 per family. **Depart 3pm R \$ (W)**

Wednesday 22nd - Visit to Terra Studios

Home of the Original Bluebird of Happiness® and the Pink Bird of Hope®, Terra Studios in Fayetteville is a wonderland of art, a popular tourist attraction and a family friendly destination. Enjoy the craftsmanship of more than 100 artists, including glassblowers who work onsite. Terra's gallery showcases fine art, Ozark arts and crafts, handmade collectibles and unique gifts. Bring your own sack lunch or pre-select from the Terra Café menu at the BTV transportation desk. Admission is free. **Depart 9:30am R \$ (W)**

**Thursday 23rd - Senior Day at the Washington
County Fair**

Join us for Senior Day at the Washington County Fair - the largest county fair in Arkansas. Founded in 1857, the fair features competitive livestock exhibits, needlework, arts and crafts and home economics, and farming and agronomy competitions. Take in the sights and sounds of the midway, and enjoy funnel cakes, corn on the cob and other classic fair food. Gate admission is free. Lunch/refreshments are on your own. **Depart 9:45am R \$ (W)**

Monday 27th - BTV Employee Cupcake Wars

Treat yourself to an afternoon of fun-filled sweetness as BTV staff compete in a battle of the batter during the annual employee cupcake competition. A resident representative from each living area will judge entries according to taste, moistness and most original presentation. Residents are invited to have a taste and enjoy creative baking at its best. **1:30pm PH**

**Thursday 30th - Lyrique Quintette with Oboist
Theresa Delaplain**

The Lyrique Quintet is the faculty, woodwind chamber ensemble-in-residence at the University of Arkansas. A versatile troupe, the ensemble has performed throughout the U.S. and abroad, and is set to perform in Spain this fall. The group features oboist Theresa Delaplain, Nophachai Cholthitichanta on the clarinet, flutist Ronda Mains, Timothy Thompson on the French horn, and Lia Uribe on the bassoon. **7pm PH (W)**



SUNDAY



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

EVENT TYPE & LOCATION SYMBOLS

Aquatic Center **AC** Convocation **C** Game **G** Performance Hall **PH**
 Art Studio **AS** Cottages **CT** Green Room **GR** South/North Courtyard **SC NC**
 Assisted Living **AL** Dining **D** Library **L** South/North Wing **SW NW**
 Bistro **B** Family Room **F** Lobby **LB** Villa Room **V**
 Chapel **CH** Fitness/Wellness Center **FWC** Lodge **LDG** Village Homes **VH**

Cable Channel 1961 **CH1961** Alma Performing Arts Center **APAC**
 Fee **F** Arend Arts Center **AAC**
 Resident Wait List Welcome **W** Arts Center of the Ozarks **ACO**
 Sign-up Reservation Required **R** Faulkner Performing Arts Center **FPAC**
 Shuttle Service to/from BTV Entrance **SS** Walton Arts Center **WAC**

Check Lobby Bulletin Boards, or BTV Cable 1960, regarding corrections, cancellations, or additions to this calendar. Notifications will be posted as soon as possible.

5
 8^{am} Church Runs
 8:15^{am} Music/8:30^{am} Worship **C CH1961**
 11^{am} Rev. David Wiggs -Televised **CH**
 1^{pm} Silver Sluggers: Naturals vs. Springfield Cardinals **R S (W)**
 4:30^{pm} Worship with Rev. Larry Branum, Church of Christ **C CH1961**
 6^{pm} Bocce Ball **LDG**

12
 8^{am} Church Runs
 8:15^{am} Music/8:30^{am} Worship **C CH1961**
 11^{am} Rev. David Wiggs -Televised **CH**
 1^{pm} Silver Sluggers: Naturals vs. Frisco Roughriders **R S (W)**
 4:30^{pm} Worship with Dr. Jan Davis, Central United Methodist **C CH1961**
 6^{pm} Bocce Ball **LDG**

19
 8^{am} Church Runs
 8:15^{am} Music/8:30^{am} Worship **C CH1961**
 11^{am} Rev. David Wiggs -Televised **CH**
 4:30^{pm} Worship with Rev. Larry Branum, Church of Christ **C CH1961**
 6^{pm} Bocce Ball **LDG**

26
 8^{am} Church Runs
 8:15^{am} Music/8:30^{am} Worship **C CH1961**
 11^{am} Rev. David Wiggs -Televised **CH**
 4:30^{pm} Worship with Rev. Doug Falknor, First Baptist **C CH1961**
 6^{pm} Bocce Ball **LDG**

6
NAME TAG DAY
 8:30^{am} Resistance Training **AC FWC**
 9^{am} Yoga/Pilates **AC**
 9:30^{am} H2O Aerobics **AC**
 9:30^{am} Circuit Training with Spencer **C**
 10^{am} Balance Class **C**
 10:30^{am} 2nd Floor South **V**
 2:30^{pm} BTV Chorus Rehearsal **PH**
 4^{pm} 2nd Floor North **V**
 4^{pm} Yoga **FWC**
 7^{pm} The Guy Wilcox Trio **PH (W)**

13
NAME TAG DAY
 8:30^{am} Resistance Training **AC FWC**
 9^{am} Yoga/Pilates **AC**
 9:30^{am} H2O Aerobics **AC**
 9:30^{am} Circuit Training with Spencer **C**
 10^{am} Balance Class **C**
 10:30^{am} Residents Council **V**
 2:30^{pm} BTV Chorus Rehearsal **PH**
 4^{pm} Yoga **FWC**

20
NAME TAG DAY
 8:30^{am} Resistance Training **AC FWC**
 9^{am} Yoga/Pilates **AC**
 9:30^{am} H2O Aerobics **AC**
 9:30^{am} Circuit Training with Spencer **C**
 10^{am} Balance Class **C**
 2:30^{pm} BTV Chorus Rehearsal **PH**
 3^{pm} Margarita Monday **R S (W)**
 4^{pm} Yoga **FWC**
 7^{pm} Resident Forum **PH CH1961**

27
NAME TAG DAY
 8:30^{am} Resistance Training **AC FWC**
 9^{am} Yoga/Pilates **AC**
 9:30^{am} H2O Aerobics **AC**
 9:30^{am} Circuit Training with Spencer **C**
 10^{am} Balance Class **C**
 1:30^{pm} BTV Employee Cupcake Wars **PH** (No BTV Chorus Rehearsal Today)
 3:30^{pm} It's Your Lucky Day at Cherokee Casino **R S (W)**
 4^{pm} Yoga **FWC**

7
 9^{am} Walk Away the Pounds **AC**
 9:45^{am} Tai Chi **C**
 10^{am} 1st Floor South **V**
 10:30^{am} Strength and Chair Aerobics **C**
 10:45^{am} 1st Floor North **G**
 2^{pm} Health and Wellbeing Seminar w/ Dr. Helen McElree: Aging Well Through Diet, Exercise and Stress Reduction **C (W)**
 7^{pm} Bingo **C**

14
 9^{am} Mah Jongg Class with Linda Smith **G**
 9^{am} Walk Away the Pounds **AC**
 9:45^{am} Tai Chi **C**
 10:30^{am} Strength and Chair Aerobics **C**
 2^{pm} Grief Support Group **V**
 3^{pm} Bible Study with Gloria Falknor **CH**
 4-5:30^{pm} Take Five Tuesday **R**
 7^{pm} Bingo **C**

21
 9^{am} Walk Away the Pounds **AC**
 9:45^{am} Tai Chi **C**
 10:30^{am} Strength and Chair Aerobics **C**
 10:30^{am} Caregiver Support Meeting **V**
 1^{pm} Communion, CUMC **CH**
 4^{pm} Communion, First United Presbyterian **CH**
 7^{pm} Bingo **C**

28
 9^{am} Mah Jongg Class with Linda Smith **G**
 9^{am} Walk Away the Pounds **AC**
 9:45^{am} Tai Chi **C**
 10:30^{am} Strength and Chair Aerobics **C**
 2^{pm} Grief Support Group **V**
 3^{pm} Bible Study with Gloria Falknor **CH**
 6:30^{pm} Dinner in the Lodge **R SS S (W)**
 7^{pm} Bingo **C**

8
 8:30^{am} Resistance Training **FWC**
 9^{am} Yoga/Pilates **AC**
 9:30^{am} H2O Aerobics **AC**
 10:30^{am} Bible Study **C**
 11:15^{am} Balance Class **AC**
 1^{pm} Clay Creations with Terry Merchant **AS**
 2^{pm} Gentle Water Aerobics **AC**
 3^{pm} Ping-Pong **AC**
 4^{pm} Yoga **FWC**
 6^{pm} Newspaper P/U **SW CT VH**
 7^{pm} Lecture Series with Moderator Conrad Waligorski **C CH1961 (W)**

15
 8:30^{am} Resistance Training **FWC**
 9^{am} Yoga/Pilates **AC**
 9:30^{am} H2O Aerobics **AC**
 10:30^{am} Bible Study **C**
 11^{am} Lunch Bunch to the Cotton Patch Cafe, Springdale **R S (W)**
 11:15^{am} Balance Class **AC**
 1^{pm} Clay Creations with Terry Merchant **AS**
 2^{pm} Gentle Water Aerobics **AC**
 2^{pm} Wellness Lecture: Telomeres and Longevity **C (W)**
 3^{pm} Ping-Pong **AC**
 4^{pm} Yoga **FWC**
 6^{pm} Newspaper P/U **NW**
 7^{pm} Lecture Series with Moderator Conrad Waligorski **C CH1961 (W)**

22
 8:30^{am} Resistance Training **FWC**
 9^{am} Yoga/Pilates **AC**
 9:30^{am} Terra Studios and Lunch **R S (W)**
 9:30^{am} H2O Aerobics **AC**
 10:30^{am} Bible Study **C**
 11:15^{am} Balance Class **AC**
 1^{pm} Clay Creations with Terry Merchant **AS**
 2^{pm} Gentle Water Aerobics **AC**
 3^{pm} Ping-Pong **AC**
 4^{pm} Yoga **FWC**
 6^{pm} Newspaper P/U **SW CT VH**
 7^{pm} Lecture Series with Moderator Conrad Waligorski **C CH1961 (W)**

29
 8:30^{am} Resistance Training **FWC**
 9^{am} Yoga/Pilates **AC**
 9:30^{am} H2O Aerobics **AC**
 10^{am}-2^{pm} OLLI Class: Improve Movement **PH S (W)**
 10:30^{am} Bible Study **C**
 11:15^{am} Balance Class **AC**
 1^{pm} Clay Creations with Terry Merchant **AS**
 3^{pm} Gentle Water Aerobics **AC**
 4^{pm} Ping-Pong **AC**
 6^{pm} Yoga **FWC**
 7^{pm} Newspaper P/U **NW**
 Lecture Series with Moderator Conrad Waligorski **C CH1961 (W)**

9
 9^{am} Walk Away the Pounds **AC**
 9:45^{am} Tai Chi **C**
 10:15^{am} BTV Book Club **L**
 10:30^{am} Strength and Chair Aerobics **C**
 1^{pm} Brain Teasers **V**
 1:30^{pm} Painting for Pleasure **AS**
 3^{pm} Classical Concert with Stephen & Wendy Widder, Accompanied by Pat Jahoda **PH**

16
 8:15^{am} Ace in the Hole Men's Breakfast, Center Street Cafe, Elkins **R S (W)**
 9^{am} Walk Away the Pounds **AC**
 9:45^{am} Tai Chi **C**
 10^{am} Mass, St. Joseph's **CH**
 10^{am} Communion, First Baptist Church **V**
 10:30^{am} Strength and Chair Aerobics **C**
 1^{pm} Brain Teasers **V**
 1:30^{pm} Painting for Pleasure **AS**
 7^{pm} Faith Study **V**
 7^{pm} The Claudia Burson Trio **PH (W)**

23
 9^{am} Walk Away the Pounds **AC**
 9:45^{am} Tai Chi **C**
 9:45^{am} Washington County Fair Senior Day **R S (W)**
 10:30^{am} Strength and Chair Aerobics **C**
 1^{pm} Brain Teasers HCC
 1:30^{pm} Painting for Pleasure **AS**

30
 9^{am} Walk Away the Pounds **AC**
 9:45^{am} Tai Chi **C**
 10:30^{am} Strength and Chair Aerobics **C**
 1^{pm} Brain Teasers **V**
 1:30^{pm} Painting for Pleasure **AS**
 7^{pm} Lyrique Quintette with Oboist Theresa Delaplain **PH (W)**

10
 8:30^{am} Resistance Training **FWC**
 9^{am} Yoga/Pilates **FWC**
 9:30^{am} H2O Aerobics **AC**
 10^{am}-2^{pm} Homespun Hobbies **V**
 10:30^{am} BTV Farmers Market
 10:45^{am} Circuit Training with Spencer **C**
 11:15^{am} Balance Class **C**
 1^{pm} Bridge **G R**
 1:30^{pm} Stained Glass Art w/ Sherry Young **AS R**
 2^{pm} Fulbright Scholars: Exploring Egyptian Culture **PH (W)**
 2^{pm} Low Vision Activity Group **V**
 2^{pm} Gentle Water Aerobics **AC**
 3^{pm} Ping-Pong **AC**
 3:30^{pm} 120th Tontitown Grape Festival and Spaghetti Dinner **R S (W)**

17
 8:30^{am} Resistance Training **FWC**
 8:30^{am}-2^{pm} AARP Driving Course **V R S (W)**
 9^{am} Yoga/Pilates **FWC**
 9:30^{am} H2O Aerobics **AC**
 10:30^{am} BTV Farmers Market
 10:45^{am} Circuit Training with Spencer **C**
 11:15^{am} Balance Class **C**
 12:30^{pm} Crystal Bridges Museum: Georgia O'Keeffe **R S (W)**
 1^{pm} Bridge **G R**
 1:30^{pm} Stained Glass Art w/ Sherry Young **AS R**
 2^{pm} Low Vision Activity Group **V**
 2^{pm} Gentle Water Aerobics **AC**
 3^{pm} Ping-Pong **AC**
 5-6:30^{pm} Dinner Music with Pianist Harold Chilton **D C**

24
 8:30^{am} Resistance Training **FWC**
 9^{am} Yoga/Pilates **FWC**
 9:30^{am} Coffee/Juice Bar **LB**
 10^{am} Town Meeting **PH**
 10^{am}-2^{pm} Homespun Hobbies **V**
 10:30^{am} BTV Farmers Market
 1^{pm} Bridge **G R**
 1:30^{pm} Stained Glass Art w/ Sherry Young **AS R**
 2^{pm} Low Vision Activity Group **V**
 2^{pm} Gentle Water Aerobics **AC**
 3^{pm} Ping-Pong **AC**
 5^{pm} Dine with us at Powerhouse Seafood and Grill **R S (W)**
 5-6:30^{pm} Dinner Music with Pianist Harold Chilton **D C**

31
 8:30^{am} Resistance Training **FWC**
 9^{am} Yoga/Pilates **FWC**
 9:30^{am} H2O Aerobics **AC**
 10:30^{am} BTV Farmers Market
 10:45^{am} Circuit Training with Spencer **C**
 11:15^{am} Balance Class **C**
 1^{pm} Bridge **G R**
 1:30^{pm} Stained Glass Art w/ Sherry Young **AS R**
 2^{pm} Low Vision Activity Group **V**
 2:45^{pm} Gentle Water Aerobics **AC**
 3^{pm} Ping-Pong **AC**

11
Village Tours Presents: Eastern Canada Rail Classic
 10^{am} Exercise for Arthritis DVD **CH1961**
 10:30^{am} Strength Training DVD **CH1961**
 2:30^{pm} & 6:30^{pm} Movie: An Hour Behind PG-13 **PH**

18
 10^{am} Exercise for Arthritis DVD **CH1961**
 10:30^{am} Strength Training DVD **CH1961**
 3^{pm} Washington County Historical Society 47th Annual Ice Cream Social at Headquarters House Museum (\$5 for Adults) **R S (W)**
 3^{pm} Beethoven Violin Sonata Concert with Miho Sakon and Tomoko Kashiwagi **PH (W)**

25
 10^{am} Exercise for Arthritis DVD **CH1961**
 10^{am} Acrylic Painting Class with Linda Hayes **GR R (W)**
 10:30^{am} Strength Training DVD **CH1961**
 1:15^{pm} TheatreSquared Presents: Once **WAC R S (W)**
 2:30^{pm} & 6:30^{pm} Movie: The Ultimate Gift PG-13 **PH**

TELEVISED FITNESS CLASSES

Monday Through Friday

8:30^{am} Exercise for Arthritis **CH1961**
 9^{am}/4^{pm} Core Strength **CH1961**